



North Penn
Visiting Nurse Association

51 Medical Campus Drive, Lansdale, PA 19446
215-855-8297 ph 215-855-1305 fx www.npvna.org

Hospice of North Penn VNA Presents . . .

“Friends in Grief”

A grief support program for those whose lives have been touched
by the death of a family member or friend.

A Support Group Can Give You:

- A place to provide and receive emotional support
- A place to share your story with others who are on the same journey through grief.
- A place to ask nagging questions such as: “Is this normal?” , “Why am I so angry?” “How long does the hurt last?”
- A safe and confidential place to face your feelings about loss.

WHO: Open to adults who have suffered the death of a loved one.

WHERE: North Penn Visiting Nurse Association
51 Medical Campus Drive, Lansdale, PA 19446

TIME: **Tuesday Nights beginning at 6:30PM**
February 21st, 28th, March 6th, 13th, 20th, 27th

Or

Thursday Afternoons beginning at 1:00PM
February 23rd, March 1st, 8th, 15th, 22nd, 29th

COST: Free, but registration is required.

Call Bill Garrison, Bereavement Coordinator at 215-855-8297, ext. 133